

# CPMRS Data Consolidated Guide



This document provides information on:



## **Public Access to CPMRS**

**Data:** The document provides links to existing reports and statistics with aggregate data from the Connecticut Prescription Monitoring and Reporting System (CPMRS) that are available for public use.



## **Data Elements and Reporting Requirements:**

The document details the variables collected for CPMRS reporting, including data supported by federal grant programs and requirements from DCP, DPH, and OPM.



## **Data Request Procedures:**

The document outlines the process for requesting more detailed CPMRS data, including patient- or provider-linked prescription drug use information not already analyzed for public use.

## **CPMRS**

The **CT Prescription Monitoring and Reporting System (CPMRS)**, managed by the Drug Control Division of the Department of Consumer Protection, tracks prescription records for Schedule II-V controlled substances as mandated by CT law. As of January 1, 2021, it also requires reporting of dispensation data for insulin, glucagon, diabetes devices, gabapentin, naloxone, and other specific drugs, focusing only on dispensations to CT residents.

## **Drug Scheduling**

Controlled drugs and substances are classified into five distinct schedules based on whether they have a currently accepted medical use in the US, their relative abuse potential, and likelihood of causing dependence when abused. As the drug schedule changes (Schedule II to Schedule V) so does the abuse potential. Schedule II drugs are medicines that have the highest potential for abuse, whereas Schedule V drugs are medicines representing the least potential for abuse. Schedule I drugs have no currently acceptable medical use and a high potential for abuse. The link below to the U.S. Drug Enforcement Administration provides examples of drugs in each scheduling category: <https://www.dea.gov/drug-information/drug-scheduling>.



## CT Department of Consumer Protection Prescription Monitoring Program



[CPMRS Data Reports](#) → presents an interactive data story, organized into categories. For each category, analyses include the number of prescriptions, types of drugs prescribed, rates by town, counts by prescriber specialty, and comparisons by quarter and age group. Covering data from 2022 to 2024, the format features interactive graphics, summary tables, source data, and export capabilities for deeper exploration.



## Department of Consumer Protection



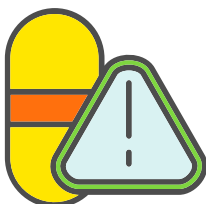
[PMP Statistics Webpage](#) → starting in Quarter 1, 2023, several metrics are reported differently compared to previous years. For access to earlier data, please refer to the data presentations available via the link above.

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[Medical Marijuana Program](#) and [Data Story](#) → include statistics that show trends in prescription rates, number of registered patients per county, and the registered dispensaries. Detailed reports and interactive charts provide insights into the evolving landscape of medical marijuana use in Connecticut.



Connecticut State

## Department of Public Health



[Prescription Monitoring and Data Linking Reports](#) → offer quarterly insights into opioid prescribing rates, pills dispensed, and key metrics. This includes the percentage of patients receiving opioid prescriptions, opioid-naïve patients prescribed long-acting opioids, and those with overlapping opioid or opioid-benzodiazepine prescriptions. The reports also monitor multiple provider episodes, pharmacy utilization, and the registration of prescribers and pharmacists with CPMRS. Also included are reports linking CPMRS data to drug overdose death data.

**CLICK ON THE LINKS ABOVE TO INVESTIGATE THE DATA!**

# Available Data Elements & Reporting Requirements



## Available Data Elements through CPMRS

### Dispensations Overview

- Dispensed Prescriptions
- Prescription Drug Drop Boxes
- Controlled Substance Prescriptions by Drug Schedule
- Schedule II Dispensations
- Schedule III Dispensations
- Schedule IV Dispensations
- Schedule V Dispensations
- Comparison of Benzodiazepine, Opioid Agonist, & Stimulant Prescription Dispensations
- Pharmacy Submission of Schedule II - V Dispensations
- Most Common Controlled Substances Dispensed to CT Residents
- Payment of Dispensed Prescriptions
- New vs. Refill of Prescriptions
- Opioid vs. Non-Opioid Prescriptions

### Naloxone

- Naloxone Prescriptions Dispensed
- Naloxone Prescription Rates by Patient Residence
- Pharmacies Offering Naloxone

### Gabapentin

- Gabapentin Prescriptions Dispensed
- Veterinarian & Non-Veterinarian Gabapentin Prescriptions
- Gabapentin Prescription Rates by Patient Residence
- Gabapentin Prescription Count by Prescriber Specialty

### Opioids

- Opioid Agonist Prescriptions Dispensed
- Veterinarian & Non-Veterinarian Opioid Agonist Prescriptions
- Opioid Agonist New vs. Refill of Prescriptions
- Proportion of Opioid Agonist per MME Category
- Opioid Agonist Prescription Rates by Patient Residence
- Average Days Supply per Opioid Agonist Prescription
- Average Daily Morphine Milligram Equivalent (MME) per Opioid Agonist Prescription
- Top 5 Opioid Agonist Prescriptions Dispensed to CT Residents
- Age Group & Gender of those receiving an Opioid Agonist Prescription
- Opioid Agonist Prescription Count by Prescriber Specialty
- Opioid Partial Agonist Prescriptions Dispensed
- Opioid Partial Agonist Prescription Rates by Patient Residence

### Benzodiazepines

- Benzodiazepine Prescriptions Dispensed
- Veterinarian & Non-Veterinarian Benzodiazepine Prescriptions
- Benzodiazepine Prescription Rates by Patient Residence
- Top 5 Benzodiazepine Prescriptions Dispensed to CT Residents
- Age Group & Gender of those receiving a Benzodiazepine Prescription
- Benzodiazepine Prescription Count by Prescriber Specialty

### **Stimulants**

- Stimulant Prescriptions Dispensed
- Stimulant Prescription Rates by Patient Residence
- Top 5 Stimulant Prescriptions Dispensed to CT Residents
- Age Group & Gender of those receiving a Stimulant Prescription
- Stimulant Prescription Count by Prescriber Specialty

### **CPMRS User Data**

- CPMRS Registered Active Users
- CPMRS Searches
- CPMRS Users who Conducted a Search
- CT Prescribers who Prescribed a Controlled Substance Schedules II -V
- CPMRS Gateway Licensee Requests
- CPMRS Gateway Authorized Licensees
- CPMRS Gateway Licensees who Searched
- Data Sharing States

## **Data Reporting Requirements**

<b>Program Overview</b>	The program was designed to provide information regarding the prescription of controlled substances in order to prevent the improper or illegal use of the controlled substance and was not to infringe on the legitimate prescribing of a controlled substance by a prescribing practitioner acting in good faith and in the course of professional practice.
<b>Pharmacies and Dispensing Practitioners</b>	Pharmacies and Dispensing Practitioners are required to submit dispensing information on federally controlled substances in Schedules II through V and DCP-designated drugs and devices (gabapentin, naloxone, insulin drugs, glucagon drugs, diabetes devices, and diabetic ketoacidosis devices), collectively, “reportable products”, within 24 hours or the next business day to the CPMRS.
<b>Dispensing Veterinarians</b>	Dispensing Veterinarians are the one exception to the 24-hour reporting requirement. When dispensing more than a 48-hour supply of controlled substances or gabapentin, veterinarians will submit dispensation data to CPMRS, at a minimum of every 7 days.
<b>Opioid Prescriptions</b>	The CPMRS categorizes opioids into agonists and partial agonists for data collection, focusing on dispensation data for Connecticut residents.
<b>Gabapentin Prescriptions</b>	Starting January 1, 2021, dispensation data for certain non-scheduled medications, including gabapentin, must be reported to the CPMRS. The data presented includes only dispensations to CT residents reported to the CPMRS.

<b>Naloxone Prescriptions</b>	Starting January 1, 2021, prescription dispensation data for certain non-scheduled medications, including naloxone, must be uploaded to the CPMRS. Naloxone may also be distributed by non-pharmacy entities, which may not be reported to the system. The data presented only includes dispensations to CT residents.
<b>Medical Marijuana Prescriptions</b>	Although medical marijuana is a schedule II drug in CT & reported to the CPMRS, specific questions regarding medical marijuana can be directed to the Medical Marijuana Program at <a href="mailto:dcp.mmp@ct.gov">dcp.mmp@ct.gov</a> or visit the <a href="#">Medical Marijuana Program Website</a> and <a href="#">Data Story</a> .
<b>CPMRS User Data</b>	Under Connecticut law, all prescribers with an active controlled substance registration must register with the CPMRS, while pharmacists are encouraged to do so. They can designate authorized delegates for registration and searches. Inactive licenses lead to account deactivation, resulting in loss of access to the system. Compliance with prescription data requirements is also necessary.
<b>Opioid and Drug Overdose Statistics</b>	The Connecticut Department of Public Health (CT DPH) is required to gather information from sources such as death certificates, medical examiner reports, and toxicology results. The data must include details on demographics, circumstances, scene evidence, and substances involved in each overdose death.

## Data Request Procedures



### Specialized Data Requests

- Requests can be submitted to [dcp.pmp@ct.gov](mailto:dcp.pmp@ct.gov). Each request will be reviewed on a case-by-case basis.
- Data elements can be found in the [Data Submission Guide for Dispensers](#) in Appendix A, on page 55



Designed by



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